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Emergencies with a threat to lives, health and property often find not only population unprepared, but also bodies of self-government and state administration. Mainly at the complicated course of events and unfavourable development. The frequent phenomenon is impatience of the affected persons, slow reaction of authorized bodies, un-

readiness of capacities and machinery with attendants or ill-conceived procedures when executing rescue works from simple self-help up to professional works that are often complicated to be adjusted to local conditions of municipalities. Basic tasks at the local level in municipalities include measures to protect lives, health and property of population, to provide for rescue works, capacities for their fulfilment, cooperation in emergency planning, security measures, measures of economic mobilisation, measures to protect the environment, social measures and plenty of others. Read more on pages 18 – 22.

On October 7 – 12, 2018, the field exercise titled 'SRBIJA 2018' was held in the Republic of Serbia. The exercise was realized in cooperation with the international community of NATO alliance countries. Its general secretary Jens Stoltenberg as well as the president of the Republic of Serbia Aleksander Vučić ceremonially opened the exercise. The plan of the exercise was set on occur-

rence of an emergency (an earthquake in Serbia) with a cascade effect on population and critical infrastructure in the areas of Mladenovac and Arandjelovac (the Belgrade Region). The exercise was attended by 24 teams from various countries of the world. The Ministry of the Interior of the Slovak Republic partook in the exercise preparation from the very first



beginning and also participated in its implementation when the rescue team providing assistance was sent to Serbia to deal with the complicated situation. Read more on pages 27– 29.

Exercise is a natural activity of each child. Many an expert agrees on the opinion that regular exercise activity of children improves their state of health but also their state of mind. It prevents from occurrence of civilization illnesses mainly obesity, cardiovascular and respiratory diseases and also mental disorders. Appropriately included exercise activities result in mastering basic locomotion such as running, walking, climbing, crawling, and volitive characteristics such as persistence, ability to overcome natural obstacles. Consumer way of life affects increasingly younger years of children. Many a child lack persistence and resilience as well as right coordination of motions. To remove

these negative phenomena, Private Nursery School 'Lienka' in Smolenice implement regular stay outdoors in the form of longer walking even on rough terrain such as forest footpaths and roads. This is the way they want children to be motivated to regular exercise. Read more on pages 47 – 48.

